# Surrey Youth Advisory Committee

# History

- 2016 SPRC ran a series of workshops called "Connecting Community to Surrey Youth in Care" came up with top priorities for youth aging out of care:
  - More opportunities / "breaks" (internships, co-ops, etc) for youth
  - Jobs/ Internships for youth aging out of care
  - More mental health support
  - Driver's education classes
  - Support workers post-19
  - Affordable Housing
  - Community Hub of resources

#### Phase 2

- Recruit youth with government care experience and create YAC
- Focus on the development of strong youth leadership skills
- Youth leaders to host a retreat in fall of 2017 and plan additional events
- Youth leaders to be involved in working groups, start of 2018

#### The YAC

- Started in June 2017 with 8 members
- Learned skills
- Held a retreat called the VIBE retreat
  (raising our Voices, Improving services, Be noticed and Evolve) 30 youth in/ from care registered for the event.

## Surrey Youth's Top Priorities

- Access to sanitary products: this includes cleaning supplies, toothpaste, feminine hygiene products, toilet paper, Midol etc.
- Addictions Support: there should be a detox and rehab support for young people 19-30. They talked about adaptive and low barrier services.
- Free health care: with the focus of cheap or free prescriptions, free birth control options, post-partum products, free counsellors, optometrists, hearing aids, dental care.
- Start-up money: Young people stated that \$1500 to help set up their new place when they move out and a support person to help them with this.
- Affordable Housing: housing that is based on income (min wage), flexible, specific for YIC, transition-based.

## Working Groups

- Preventing Poverty
- Addictions and Mental Health
- Adulting
- Healthcare/Selfcare
- Creating Community
- Education & Employment

## Working Groups Continued...

- Spring 2018-2019 working groups will work on priorities from retreat
- Youth leaders to participate in each working group
- Focus on youth voice and perspectives

#### **WORKING GROUP PRIORITIES**

- Needs and Career based mentorship
- Event to increase young people's knowledge about resources
- Increase access to sanitary products
- Affordable and Safe housing for youth who have aged out
- Start-up kits for youth aging out of foster care

# QUESTIONS?