

## **Surrey Mental Health and Substance Use Services**

Fraser Health provides a range of mental health and substance use (MHSU) services that extend across the life span of child, youth & young adult, adult, and older adult.

Mental Health and Substance Use offers a continuum of services that includes:

- Health Promotion/Prevention and Harm Reduction
- Primary and Collaborative Care
- Community/Counseling/Outpatient/Outreach
- Inpatient/Day Treatment/Short-Term Bed-based
- Tertiary Care/Long-Term Bed-based

### **Services located in Surrey Community include:**

- MHSU Zone at Surrey Memorial Emergency Department (8 stretchers/8 recliners/4 seclusion). Staffing includes: Emergency Psychiatric Nurse (EPLN), Psychiatric Social Worker (PSW), Mental Health Care Worker (MHCW), Unit Clerk (UC) and Clinical Nurse Educator (CNE)
- Acute Adult In-patient Units at Surrey Memorial Hospital (39 beds + 2 overflow)
- Psychiatric High Acuity Unit (PHAU): Located at Surrey Memorial Hospital (12 beds)
- Psychiatric Consult Liaison Team (1 Psychiatrist, 1 Nurse) Provides consults/referrals/assessments on inpatients in medical units and emergency department
- Child and Adolescent Psychiatric Stabilization Unit (CAPSU): 10 beds located at Surrey Memorial Hospital available for children and youth aged six to 17 (regional, referral through Emergency Departments)
- Adolescent Psychiatric Unit (APU): 10 beds located at Surrey Memorial Hospital (regional)
- Adolescent Day Treatment Program (ADTP): Located at Surrey Memorial Hospital
- Addiction Medicine Consult Team: Available for inpatients at Surrey Memorial Hospital
- START (Short Term, Assessment, Response, Treatment) Team: A crisis response program for children and youth, ages six to 18 years, who are experiencing a significant change in their mental health functioning in the last four weeks
- Fraser Health Child and Youth Neuropsychiatry Clinic, Child and Youth Psychiatry General Teaching Clinic as well as Infant Psychiatry Clinic on Surrey Memorial Hospital grounds
- Community Mental Health Services:
  - Adult Mental Health Services: Providing psychiatric assessment, consultation, support, 1:1 and group counseling (including perinatal services), rehabilitation services and support services for person experiencing moderate to severe mental health issues
  - Assertive Community Treatment (ACT) Team (Surrey): Team provides intensive community support for individuals diagnosed with severe and persistent mental illness and living at risk
  - Group Therapy Services (GTS): Core and specialty groups at Shirley Dean
  - Surrey Mental Health and Substance Use Urgent Care Response Centre (UCRC): Program provides mental health and substance use services to adults that require urgent follow-up but not hospitalization. Intake, psychiatric consultations and short term 1:1 support are offered. Referrals to the program come from GPs, hospital, community partners, self-referral, etc.
  - Older Adult Community Mental Health: Short-term assessment and treatment for older adults with psychiatric issues

- Bed-based Treatment and Supported Living Program (formerly Supported Housing and Residential Program - SHARP): Housing options with varying levels of care
- Reproductive Mental Health and Psychiatric Urgent Response Clinic (PURC): Located at Surrey Gateway Mental Health, referrals accepted from community GPs, nurse practitioners and midwives, for pregnant women who are dealing with depression, anxiety, bipolar disorder, psychotic conditions
- Community MHSU Outreach
- Mobile Crisis Response Team (Car 67): Mental Health partnership with Surrey RCMP
- Primary Care Clinic: Service located in Surrey at Gateway Mental Health
- Intensive Case Management Team (ICM): Contracted wrap-around services for clients with severe addiction, based on housing model approach for the community
- Community Response Emergency Short Stay Treatment (CRESST): Located in Surrey
- Community Rehabilitation Services: Vocational Rehabilitation, Occupational Therapy, Recreation Therapy, Peer Support Program and Wellness Recovery Action Plan (WRAP), Clubhouse Program, Therapeutic Volunteer Program, Clubhouse Without Walls Program for 16- to 25-year olds, Rehabilitation Fund, Exercise Therapy Program
- Psychiatric Consultation Services in Jim Pattison Outpatient Care and Surgery Centre: Referral from JPOCSC only
- Regional Tertiary (intensive and highly specialized) Mental Health Service:
  - Arbutus Place (Peace Arch Hospital Foundation Lodge): a 73-bed Older Adult Behaviour Stabilization program
  - Timber Creek: a 15-bed Intensive Tertiary Rehabilitation unit; a 12-bed Psychiatric Intensive Care unit (six beds allocated to Vancouver Coastal Health), one 15-bed and one 17-bed Acute Assessment and Treatment unit
- Addictions Services:
  - Outpatient Counselling Program serving adults
  - Outpatient Counselling for substance using or substance affected individuals
  - Creekside Withdrawal Management Centre: Adult detox and dedicated youth detox
  - Creekside Withdrawal Management Centre: Provides medically supervised withdrawal management for 24 adults and 6 youths in admitted setting
  - Creekside Daytox Program: A medically monitored day program
  - Creekside Day Evening Weekend (DEW) Program: On line and in person day treatment program for persons with substance use
  - Quibble Creek Sobering and Assessment Centre: Low-barrier sobering facility with 25 mats
  - Quibble Creek Opioid Agonist Treatment (OAT): Provides longitudinal care for individuals with opioid use disorder
  - Quibble Creek Overdose Prevention Site (OPS): Provides core services, including harm reduction, referrals to treatment and to other health and social services and a monitored space for drug consumption in order to reduce the risk of overdose
  - Roshni Clinic: Addresses problems associated with alcohol and drug use for men and women of the South Asian community. Services are provided in English, Punjabi and Hindi by health care providers who specialize in substance use disorder
  - Contracted substance use outpatient counselling and prevention program serving adults and youth (includes Youth Outreach Workers and School and Community-based Prevention Program)
  - Supervised Consumption Services: Provides a safe, clean space for a person to use substances under the supervision of a health care professional who may assist in the event of a drug overdose. Service located at SafePoint (open access)
  - Naloxone distribution: All Mental Health/Substance Use Centres, Quibble Creek and Creekside
  - Rapid Access Addiction Clinic (RAAC): Providing low-barrier, responsive care with an aim to stabilize and connect with community-based clinics and services
  - Injectable Opioid Agonist Therapy (iOAT): An approach that uses injectable opioid treatment for those who have not responded to multiple prior treatment attempts, located in Surrey attached to the SHOP clinic

- Tablet Injectable opioid Agonist Treatment (tiOAT): Low Barrier approach to the management of Opioid Use Disorder embedded within SafePoint-SCS
- A Managed Alcohol Program (MAP) located in the Olive Branch shelter that serves individuals in the Surrey area to support their Alcohol Use Disorder needs and also servicing while promoting physical distancing and self-isolation when required

**Regional services available to individuals in Surrey include:****Substance Use Services**

- Intensive Residential Treatment (IRT) beds: IRT beds for adults in four owned and operated / contracted programs
- Stabilization and Transitional Living Residences (STLR): Contracted supportive recovery facilities for men and women
- Second stage supportive housing: Units for substance use clients post treatment
  - Intensive Day, Evening and Weekend Treatment Program for Adults (DEW) and Youth (DEWY)"
- Our Virtual Health Addictions Clinic (VHAC) that provides virtual addictions consults to community OAT clinics and Emergency Response Centres and Isolation Centres
- Substance Use Services Access Team: This team provides a simplified pathway into Fraser Health's substance use service continuum. Referral pathways between acute, primary care and community are designed to provide integrated and equitable access to individuals needing support
- Partnership between Surrey Fire Services and Fraser Health's Substance Use Services Access Team
- Referral Coordination Services Team: This team manages referrals for Fraser Health funded bed-based substance use treatment by screening and matching the level of treatment that best meets the person's needs
- Heartwood Centre for Women (Vancouver)
- Burnaby Centre for Mental Health & Addictions
- Ashnola at The Crossing: a co-ed long-term youth and young adult treatment centre in Keremeos (*currently closed during COVID-19*)

**Mental Health**

- Early Psychosis Intervention Program (EPI): Program for youth and young adults between 13 to 30 years old who have experienced a first episode of psychosis, or who are at high risk of developing psychosis; including drug-induced psychosis
- Regional Community Rehab Services: EPI Occupational Therapy Services
- Psychosis Treatment Optimization Program (PTOP): This program, available to all mental health centres, provides additional clinical supports for individuals living with psychosis who have not responded well to previous treatments
- Youth Concurrent Disorders Program: A program for youth (up to the age of 24 years) with complex mental health and substance use needs, including focus on Indigenous youth
- Foundry BC: Provides online resources and tools with focus on mental health and substance use – [foundrybc.ca](https://foundrybc.ca)
- Developmental Disabilities Mental Health Services (DDMHS): Services for adults with both developmental disabilities (IQ of 70 or less) and complex mental health needs
- Fraser Health Outpatient Eating Disorders Program: For youth, adults and their families
- Reproductive Psychiatric Clinic: Specialized services located at Royal Columbian Hospital Outpatient Department
- Regional Neuropsychology Assessment and Consultation: Service provided at Royal Columbian Hospital Outpatient Department
- Neuropsychiatry Outreach Clinic: Provides specialized assessments and consultation for individuals with mental illness and brain injury
- Ministry of Social Development and Poverty Reduction (MSDPR) Program: Liaison/integration service with Mental Health and Substance Use

- Regional Tertiary (intensive and highly specialized) Mental Health Services:
  - Connolly Lodge: a 20-bed Adult Long-term Tertiary Rehabilitation facility on Riverview grounds
  - Cottonwood Lodge: a 24-bed Adult Long-term Tertiary Rehabilitation facility on Riverview grounds
  - Cypress Lodge: a 20-bed Mental Health Rehabilitation facility on Riverview grounds
  - Memorial Cottage: a 25-bed Mental Health Rehabilitation facility in Langley
  - Cedar Ridge: a 20-bed Adult Mental Health Intensive Tertiary Rehabilitation unit in Chilliwack
  - Oceanside: a 24-bed Acute Older Adult unit in White Rock
  - Neuropsychiatry Inpatient program for adults with complex brain disorders/injuries and mental illness (Fraser Health has 10 beds in a Vancouver facility)
- Family Support Services
- Mental Health Advocacy Services
- Disability Rights Advocacy website – [Ask an Advocate](#)

**Emergency Services:**

**Centralized Fraser Health Crisis Line** provides 24/7 telephone support, crisis intervention, suicide prevention and community resource information for people of all ages:

**604-951-8855** for callers residing west of Aldergrove  
**1-877-820-7444** toll-free for callers east of Aldergrove

**For information about these services please contact:**

Surrey Mental Health Centre: 604-953-4900 | #1100, 13401 108th Avenue | Surrey  
Surrey Mental Health Outreach Program: 604-592-2700 | #203, 7327 137<sup>th</sup> Street | Surrey  
Creekside: 604-587-3755 | Quibble Creek: 604-580-4950

Or visit: <http://www.fraserhealth.ca/health-info/mental-health-substance-use/>

Province-wide Alcohol and Drug Information Referral: 604-660-9382 or 1-800-663-1441

**Information and numbers contained in this document are accurate  
as of April 2021 and are subject to change.**