

Did you know that your Chamber plan benefits cover services provided by these awesome people at the Surrey Neuroplasticity Clinic?

 We offer 10% off all rehabilitation services for Chamber members! 



PHYSIOTHERAPISTS

Do you have a nagging ache, pain or stiffness in your body or just feel like you can't move like you used to? A physiotherapist works with you to develop customized programs and work in a hands-on way to restore functional ability and movement, reduce pain and get you back to the things you love to do!

In addition to the standard physiotherapy interventions such as Manual Therapy, Acupuncture and Intramuscular Stimulation

(IMS), our physios at SNPC have access to a variety of ground-breaking technologies to support and promote the body's own healing process, like laser therapies (to promote wound-healing and treat inflammation), neuromodulation (brain-boosting technology that helps your brain rewire and relearn complex functions), vision and balance mapping to help with vertigo and dizziness problems and much more.

REGISTERED CLINICAL COUNSELLORS AND SOCIAL WORKERS

Counselling focuses on increasing overall mental and emotional wellbeing through processing difficult emotions, healing through safe secure connection, and facilitating change in stuck cognitive, emotional, and behavioural patterns that perpetuate distress. Examples of clinical concerns that can be addressed include (but not limited to): overthinking, panic, anxiety, depression, helplessness, chronic pain, anger, grief and loss, history of (or recent) trauma, relationship and parenting challenges, going through a major life transition, struggling to cope with every-day life, loneliness, and self-esteem.

We are not rigid or know-it-alls. We aren't shocked by disclosures or shaken by secrets. We don't criticize or assume. We aren't gossipers or half-listeners. We don't label because of preferences, decisions you've made or decisions you are making. We aren't burnt out, and we aren't unresponsive. We are people that have it together, but still are human. We have families, hobbies, and passions. We are always learning, friendly, open-minded, and practical. If we don't know the answer, we'll find it. If we don't understand, we'll ask. We are dedicated to improving people's lives through honesty, understanding, and individual empowerment. We strive to redefine trauma, challenge stigma and stereotypes, and specialize in growth, resilience, and change.



KINESIOLOGISTS

Kinesiology uses an evidence-based active treatment model to correct body mechanics and restore mobility to injured areas. Our Kinesiologists help with injuries to joints, soft tissue sprains and strains, post-operative rehabilitation, and post-concussion management. This includes back and neck pain, knee and ankle pain, shoulder dysfunction, concussion, dizziness and balance issues. Our kinesiologists are also trained to use a variety of technologies such as laser for tissue healing, balance-mapping and vestibular assessment tools and a variety of tools to assess athletic performance, agility, and strength.

Kinesiologists also focus on health promotion, ergonomics, fitness training, and return to work strategies. They can help design a program that works on all aspects of your health from general physical and cognitive health to fitness, nutrition, sleep and lifestyle management.

To book a consultation for any of the above services, contact:

Surrey Neuroplasticity Clinic

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SURREY NEUROPLASTICITY CLINIC
PHYSIOTHERAPY AND BRAIN HEALTH. OPTIMIZED.